



**Dear Patient,**

**You have scheduled a Medicare Wellness Visit. We would like you to understand that this visit is not considered an “annual physical” according to Medicare. Medicare does not cover an “annual physical”. The components that will be covered today are:**

- Depression screening
- Cognitive screening
- Functional ability and safety/fall risk assessment
- Advanced directive discussion
- Listing the members of your health care team
- Outlining future screening tests and needs
- Vital signs

**We want to meet your health care needs and expectations.**

If you have acute or chronic medical conditions that need to be addressed today, including medication refills, this is not part of the Medicare Wellness Visit. If we have time to address these issues today your provider will bill an additional charge for the treatment of your current and/or existing problems. You will be responsible for any portion of this additional charge that is not usually covered by your Medicare insurance. If there is not time to address these issues today, you may be asked to schedule another appointment to address your other problems/concerns.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_

**Please complete the following questions below.**

**General Health**

In general, would you say your health this past year has been:                      Good  
Fair  
Poor

**Dental, Vision, Hearing**

Do you see the dentist at least yearly?                      Yes No  
Do you have any vision problems?                      Yes No  
Do you have difficulty with your hearing?                      Yes No

**Lifestyle**

Do you eat a healthy diet containing fruits and vegetables every day?                      Yes No  
Do you exercise regularly?                      Yes No  
Do you drink alcohol?                      Yes No  
Do you have concerns about your current weight?                      Yes No  
Do you currently or have you ever used tobacco?                      Yes No  
Do you use any illicit drugs?                      Yes No  
Do you use Marijuana or CBD oils/gummies?                      Yes No

**Reproductive Health (female)**

Are you sexually active?                      Yes No  
Pregnancy History:  
    Number of pregnancies: \_\_\_\_\_  
    Number of live births: \_\_\_\_\_

**Reproductive Health (male)**

Are you sexually active?                      Yes No  
Do you experience erectile dysfunction?                      Yes No

**Functional Ability/Level of Safety**

• **Falls Risk Assessment**

Have you fallen in the past year?                      Yes No  
Do you have difficulty with walking or balance?                      Yes No  
Do you currently take 5 or more prescription medications?                      Yes No

• **Home Safety**

Does your home have loose rugs in your home?                      Yes No  
Does your home have grab bars in the bathroom?                      Yes No  
Does your home have railings on the stairs?                      Yes No

- **Activities of Daily Living**

Do you need help with any of the following?

- |                                    |     |    |
|------------------------------------|-----|----|
| Bathing or showering               | Yes | No |
| Getting dressed                    | Yes | No |
| Using the toilet                   | Yes | No |
| Feeding yourself                   | Yes | No |
| Getting in or out of bed or chairs | Yes | No |
| Walking across a room              | Yes | No |
| Climbing stairs                    | Yes | No |

- **Instrumental Activities of Daily Living**

Do you need help with any of the following?

- |                                |     |    |
|--------------------------------|-----|----|
| Shopping for food or clothing  | Yes | No |
| Paying bills or managing money | Yes | No |
| Preparing meals                | Yes | No |
| Taking your medicines          | Yes | No |
| Doing your housework/laundry   | Yes | No |
| Using the telephone            | Yes | No |

- **Driving**

Do you drive your own car? Yes No

*If you drive your own car* do you have limitation with your driving (such as driving only in the daylight or only doing local driving)?

Yes No

**Urinary**

Do you have any concerns regarding urinary leakage or incontinence? Yes No

**Advanced Directives**

Do you have an Advanced Directive (Living Will)? Yes No

Do you have a Durable Power of Attorney? Yes No

**Other Providers and Medical Equipment/Suppliers**

Please list any other medical providers you see on a regular basis (for example: dentist, eye doctor, cardiologist, podiatrist, dermatologist, visiting nurses).

---

---

Please list any medical equipment suppliers you use (for example oxygen supplier).

---

---

Thank you for completing this questionnaire. Please hand this form to the nurse when you are called into the exam room.